

FIVE QUESTIONS FOR ACTIVISTS

Each of us gets up day after day, and we decide how to use the most precious thing we have in life: our time. Whatever our role, we make sacrifices that only we know about. We spend long hours, days, weeks away from our loved ones. We face threats, dangers, humiliation, doubt.

But we keep fighting. WHY? We must know our own motivations, and we must be able to tap into them. To tell a good story, we have to connect with our innermost selves. We can't skim the surface of our desires, dreams, sorrows.

FOR THIS EXERCISE, MAKE 5 POSTERS WITH EACH OF THE FOLLOWING QUESTIONS, AND PLACE THE POSTERS AROUND THE ROOM.

1. Who am I?
2. What do we want?
3. Who are our people?
4. What are we building?
5. Are we ready to win?

SO...WHAT DO YOU CARE ABOUT? WHAT MOTIVATES YOU?
WRITE IT DOWN ON ONE POST-IT.

'I am someone who cares about...
because...'

OR

'Everyday I fight for...
because...'

A. Write and place your individual
answers on the posters
(15 minutes)

B. Share what you wrote
and check-in
(25 minutes)

These five questions come from Charlene Carruthers' UNAPOLOGETIC.