

PLASTIC-FREE ADVENTURES!

Field trips that connect the perils of
plastics to your own community



Field trips for students up to 6 years

GREENPEACE

FIRST... FIVE TIPS

to setting up the activities!



Avoid single-use plastic packaged foods



Avoid plastic bags, and ask students to bring reusable bags only



Ask students to bring reusable water bottles



Ensure you know where all the recycling and compost bins are located



Collect memories, not things—bring a camera to capture all the highlights



FIELD TRIP IDEAS FOR THE LITTLE ONES

If you want your students to appreciate and care for the environment, first help them explore it!

Below are a few ideas for you to try out!



Playground/City Block Plastic Clean-Up



© Soojung Do / Greenpeace

After indoor lessons about the consequences of plastic pollution, why not take your students outside to clean up their playground or city block?

This is an excellent opportunity to get the students engaged with their community. Consider teaming up with other classes to make an even bigger impact.



Plastic-Free Picnic



© Patrick Cho / Greenpeace

Everyone loves a picnic! Organise one that steers clear of single-use plastics and uses reusable alternatives instead.

This is a chance to reinforce the REDUCE, REUSE, and REFILL lifestyle. Need more ideas? Check out our [tips for organising a plastic-free event](#).



Nature Experience



© Jacques Fretey / Greenpeace

It's not just common sense: research* shows it's healthy for kids—and everyone!—to spend time in nature.

If you are lucky enough to live near water, a visit to a beach, riverbank, lake, or stream can offer students a wonderful way to learn about marine animals and the plastic-free environment they need in order to thrive.

And even if you don't live near water, consider taking a walk in a local forest, park, or on a nature trail. Plastic pollution is everywhere, and your visit can connect to lessons around the impact of plastic on the natural environment.

*Check out these resources to find out more about [Blue Mind](#), [Forest Bathing](#), and [Nature Deficit Disorder](#).



Virtual Field Trips



© Emma Kreiner / Greenpeace

Are you eager to bring your students out into the world but reluctant to grow your carbon footprint?

Consider a virtual field trip! Virtual reality technology can take your students into the ocean's depths or on an arctic expedition! Even without access to VR goggles, [videos](#) can bring the world into your classroom!



Fridays for Future



© Jana Eriksson / Greenpeace

Ready to heed the worldwide call to support our youth and join the climate marches that are sweeping the globe? Think about your students' future... and join Fridays for Future!

[This powerful movement](#) is always organising events, so stay aware of what's happening in your community.

FACTS ABOUT PLASTIC POLLUTION

ABOUT 8.3 BILLION
TONNES OF PLASTIC
HAS BEEN PRODUCED
SINCE THE 1950s

**THE WEIGHT
OF A BILLION
ELEPHANTS.**

UP TO
9 OUT OF 10 SEABIRDS
HAVE INGESTED PLASTIC.

MORE THAN
**HALF OF
WHALE AND DOLPHIN
SPECIES**
HAVE INGESTED PLASTIC.

THE MAJORITY OF THE
PLASTIC
THAT ENTERS THE OCEAN
ENDS UP ON THE SEAFLOOR.

DRINK COMPANIES
PRODUCE OVER
500 BILLION
SINGLE-USE PLASTIC
BOTTLES ANNUALLY.

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